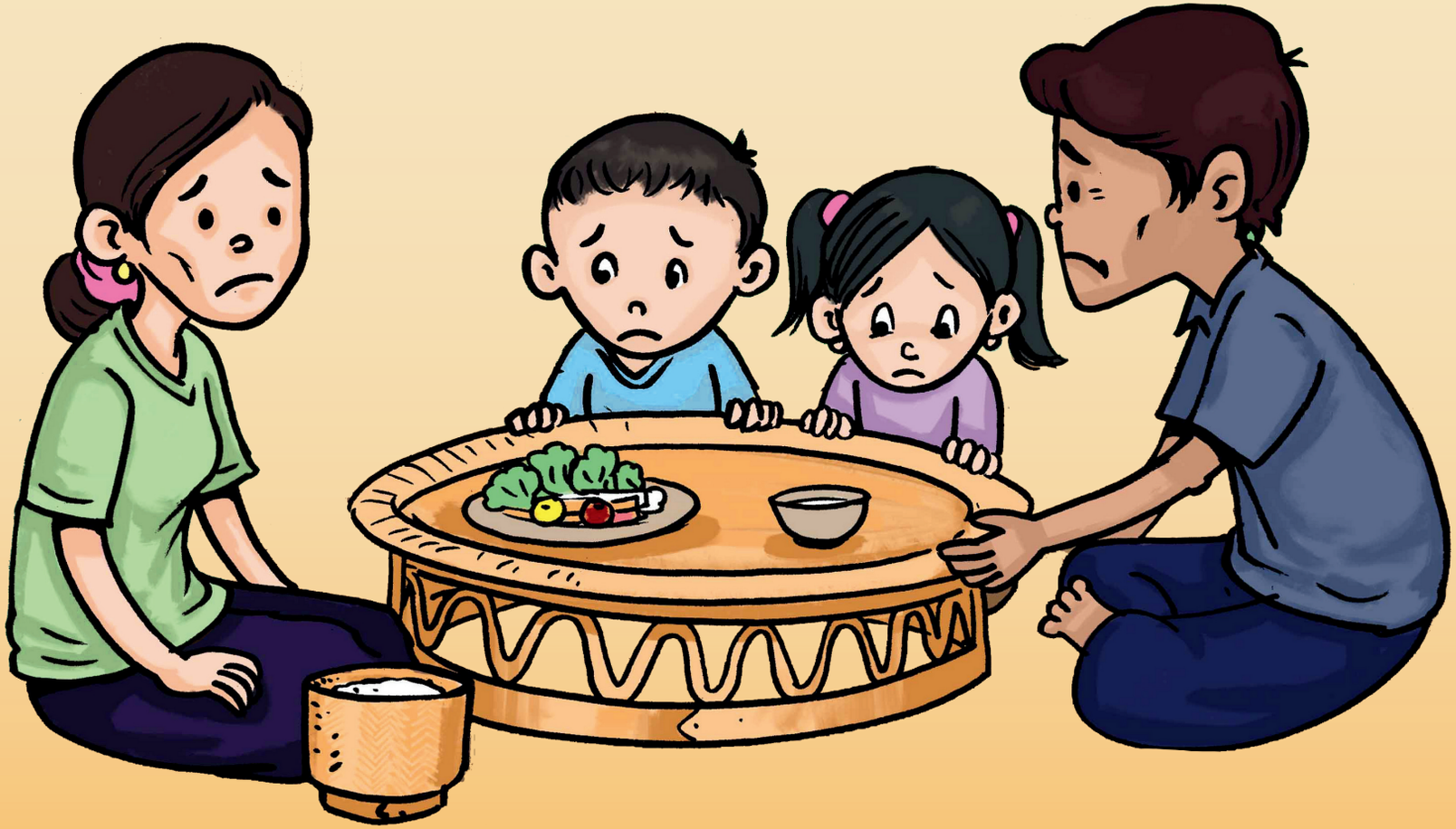ບໍ່ມີອາຫານ